

Massage Hours

North Club

Monday

10:00am - 6:00pm

Tuesday

10:00am - 3:00pm

Wednesday

8:00am - 8:00pm

Thursday

2:00pm - 8:30pm

Friday

8:00am - 4:00pm

Saturday

10:30am - 2:30pm

Times may vary on Saturdays
please call the front desk for availability

Sunday

Closed



MIRAMONT
LIFESTYLE FITNESS

