

# Massage Hours

## South Club

### **Sunday**

10:30am - 5:30pm

### **Monday**

8:00am - 9:00pm

### **Tuesday**

9:00am - 8:00pm

### **Wednesday**

9:30am - 6:30pm

### **Thursday**

9:00am - 8:00pm

### **Friday**

9:30am - 6:00pm

### **Saturday**

9:30am - 5:00pm

Times may vary on Saturdays  
please call the front desk for availability



**MIRAMONT**  
LIFESTYLE FITNESS